



# THE LOTUS SEED

*It's Never Too Late to Grow*

NOVEMBER 2021



## LETTER FROM OUR CO-FOUNDERS

[Click here to read it.](#)

## LOTUS BLOSSOM GIVING COMMUNITY

Please support Lotus Network's Efforts and Help Us Reach Our 2021 Goal

[Click here to learn more.](#)

## IN CASE YOU MISSED IT...

watch this Timely Topic from our Archives:

**It's Never Too Late to Identify Your Own Health Goals**

With featured guest:

**Angie Hartman,**

Integrative Health Coach, NBC-HWC

[Members click here to learn more.](#)

To become a Member and access this talk, join Lotus Network today!

[Click here to join.](#)

## SAVE THE DATES

**An Evening with Elizabeth Gilbert**

Wednesday, May 4, 2022  
Paramount Theater

[Stay tuned, more details to come!](#)

## LOTUS NETWORK'S 1ST ANNUAL



Tuesday, June 21, 2022  
Golf Club at Bear Dance

[Stay tuned, more details to come!](#)

## CONNECTION CHALLENGE

This activity is a unique and creative way to connect with the Lotus community.

[Click here to take the challenge.](#)



## LOTUS LADIES

**PERSONAL PROFILE:** *Amanda Moriuchi*

When a baby is born, that baby is often described as perfect. This is not because the baby meets some empirical standard of perfection, but simply because the baby is.

This month's Lotus Lady wants us to change the way we think about that. It is never too late, she believes, to know our worth.

[Click here to read more about Amanda.](#)

## TIMELY TOPICS

**December 14, 2021 at Noon MST**

**It's Never Too Late to Believe There is Light at the End of Every Tunnel**

With featured guest:

**Nhi Aronheim**



*Nhi's memoir describes the journey of a child refugee who escaped war-torn Vietnam—much like the hardships now faced by Afghan refugees and migrants at our Southern U.S. border. Her book isn't just another inspirational survival story, however; it's about the lessons she's learned about humanity, unconditional love, diversity, and inclusion since arriving in the United States. After she was adopted by a Christian family, she married her Jewish beau and now has a deeper appreciation for the differences and parallels between different cultures and faiths.*

[Click HERE to learn about this event.](#)

*Spend an Exceptional Afternoon In-Person or Virtually at*

**Lotus Network's Connector Event 2022**  
**Sunday, January 30, 2022**



**It's Never Too Late to Be Bold and Brave, and Sit in the Front Row Seat of Your Life!**

With featured guest:

**Marilyn Sherman**

Author of "Why Settle for the Balcony? How to Get a Front Row Seat in Life"

[Click HERE to learn about this event.](#)



## CO-FOUNDERS

LISA AND LESLIE

### *There is so much to be grateful for....*

We are proud of The Lotus Seed and how it has evolved over the past 8 months and now reaches over 1600 women all over the world. This monthly newsletter shares personal stories, educational resources, and connection activities/events which are building new communities and meaningful personal connections.

Through The Lotus Seed, we have been able to shine the spotlight on noteworthy women within our Lotus Ladies series. Sending a big “Shout Out” to our friend, Amanda Moriuchi who we proudly feature in this edition of The Lotus Seed! We are inspired by this exceptional young woman’s resolve to think about her own self-worth while keeping in mind what you can and cannot control. It’s not always the end result, it’s who you are inside that really counts seems to be Amanda’s motto and we love that! We encourage you to click this link where you can read about Amanda and our other phenomenal Lotus Ladies’ personal journeys. These Lotus Ladies have given us the honor of sharing their stories in a public fashion and we are filled with gratitude.

Have to tell you how pumped we are about our upcoming hybrid Connector Event! It’s the first time the Lotus Network community will have the opportunity to gather together in person and to be honest we couldn’t be happier! We have missed you! So please mark your calendars and join us on January 30th at 3 P.M. for tea, conversation, and re-connection. We have the pleasure of honoring all of our Lotus Ladies and listening to our featured guest “Hall of Fame Speaker,” Marilyn Sherman. Marilyn will share her encouraging words of wisdom about getting out of the balcony seat and moving to the front row seat of your life. [Click here to sign up\(link\).](#)

Make sure to register for our upcoming Timely Topic with Nhi Aronheim. Nhi is the author of her awe-inspiring memoir, “Soles of A Survivor” and we are truly lucky to be given the privilege of presenting her as our featured speaker on December 14th at noon. This indomitable strong-willed, 4’ 11” powerhouse of a woman will share her journey from Vietnam to Colorado and her harrowing story of survival. This is a must-read and one of the most riveting books we have read in a long time.

November’s Timely Topic featured Angie Hartman. Angie, a board-certified health coach, gave us the tools to live a healthy lifestyle during the holiday season and beyond. We learned how to have the confidence to listen to our own bodies when it comes to food and exercise. How to take each day in stride rather than waiting until “next week” to make a change. [Click here to listen to her powerful talk.](#)

It’s always fun to have something to look forward to! Check out the other Lotus Network events planned for 2022. Be on the lookout for an in-person opportunity to connect with American journalist and author, Elizabeth Gilbert this coming May and in June, tee-off for Lotus Network’s Inaugural Golf Tournament where you can swing into action and play a round of golf with your besties. How exciting does this all sound!

Shout-out to Andrea Hyatt, our newest Lotus Blossom Giving Community member. She joins: Lisa Cook, Deborah Daly, Cathy Fleischmann, Sandy Fried, Emeri Handler, Leslie Heins, Florrie Katchen, Diane Levine,

## LISA AND LESLIE (continued)

Jani Majewski, Julie Morse, Essie Perlmutter, Lynn Robinson, Louanne Saraga-Walters, Joey Wasko, and Tricia Youssi as a founding member. We are so appreciative of these charitable women and their \$1,000 donation that is helping Lotus Network reach its goal of \$50,000 before the end of 2021. Make an impact today. Your contribution will support our mission so please consider joining ([Link](#)) the Lotus Blossom Giving Community.

As you have read, we have identified so many reasons to be grateful. All of these positive perspectives give us reason to continue to strive to create programming that nourishes our souls. Special thanks to the beautiful individuals in Lotus Network's world that make our hearts sing and continue to supply the motivation for our deep desire to make a difference in our mothers, daughters, sisters, and girlfriends' lives.

Time seems to be going so fast. We are pausing, looking around, and appreciating all the little things that have helped to make our lives full. You are one of them!! Hope your Thanksgiving gathering was meaningful and wrapped in the wonderful feelings that connecting and gratitude brings.

*Lisa and Leslie*



### LOTUS BLOSSOM GIVING COMMUNITY

Consider becoming a member of The Lotus Network Giving Community with a pledge of \$1000 before the end of the year. Your donation will support our mission to provide women with opportunities for meaningful connections, personal growth, and purposeful living through social and educational resources.

**DONATE**

#### LOTUS BLOSSOM GIVING COMMUNITY MEMBERS

Lisa Cook	Diane Levine
Deborah Daly	Jani Majewski
Cathy Fleischman	Julie Morse
Sandy Fried	Essie Perlmutter
Emeri Handler	Lynn Robinson
Leslie Heins	Louanne Saraga-Walters
Andrea Hyatt	Joey Wasko
Florrie Katchen	Tricia Youssi

### CONNECTION CHALLENGE

#### *Send someone a memory.*

Out of the blue, send someone a favorite picture of the two of you - by mail, text, or by email. Before you send the photo, look at it closely. Remember how the day felt and how it was to be together, then send along a little note sharing a memory you have of that time, and tell them why you're so glad to have them in your life.

#### **Better Together.**

*[Click here to see past challenges.](#)*

**We would love to hear about your experience around this challenge.  
Please send us an email at: [connectnow@lotusnetwork.org](mailto:connectnow@lotusnetwork.org)**

*Source: Compendium™ "Live Inspired"*



# LOTUS LADIES

## PERSONAL PROFILE

*Amanda Moriuchi, who bravely volunteered to share her story as our ninth Lotus Ladies Personal Profile, is the embodiment of one of the core values of Lotus Network: It is never too late to become the person you always wanted to be. We hope that her story will inspire you to share your own story or nominate someone else whose story deserves to be heard...we believe they all do!*

## Amanda Moriuchi

### It's Never Too Late to Know Your Worth

Written for Lotus Network by Jessica Redmond of *Storyteller*

When a baby is born, that baby is often described as perfect. This is not because the baby meets some empirical standard of perfection, but simply because the baby is. Somewhere along the way, however, expectations shift; we seem to lose our intrinsic value, focusing less on what makes us valuable and more on the ways in which we fail to measure up. This month's Lotus Lady wants us to change the way we think about that. It is never too late, she believes, to know our worth.

Amanda Moriuchi is many things. She is a CEO, a wife, a mom and a stepmom. She is a daughter, a friend, a leader, a multi-tasker, and when she has a rare moment to herself, a reader and gardener. Some days, she says, she might be absolutely killing it in one of those roles, even many of those roles, while in another, she might be falling short. Her goal is to make sure that her sense of self-worth does not come from any one of those individual successes or failures but instead from something much deeper and more permanent.

Amanda grew up in Montana where, from an early age, she was exposed to two working parents - her dad worked in sales in the oil and gas industry while her mom turned her paralegal training into a thriving legal services business. Montana in the early 80s was not necessarily a time or a place where there was much of an infrastructure for an ambitious, working mother, but somehow Amanda's mom did it anyway, setting a powerful example of what could be accomplished with the right mix of organization, hard work and positive attitude.

Amanda's mom taught her the importance of doing a thing right the first time. She also taught her that there was enough strength inside of her to do whatever it was that needed to be done. Those lessons, along with the generosity of spirit Amanda always admired in both her parents, became the foundation of her adult life.

The family relocated to Denver, which was where Amanda completed high school and college and went on to start her career in sales. At first, she threw her whole heart and soul into her job. Her role was to sell a dream; all she had to do was help the client see her vision. It was personality driven work, and Amanda was good at channeling her enthusiasm into a sale.

When she transitioned into the tech world, however, she quickly found that the toolbox she needed was different. The executives she was pitching to didn't care about charm; they wanted business specific product information and deliverables. She had to reorient herself, fast.

Amanda recalls a particularly negative interaction she had early on with a powerful client. Her team was supporting his mission-critical application, and they had messed up. It was Amanda's unpleasant responsibility to call to let him know.

"I'm so sorry," she began.

Cringing at her desk, Amanda listened as the man slammed his phone down again and again in fury.

"In this business," he yelled, "you don't get to say, 'I'm sorry!' You just get fired!"

Amanda, still in her mid-twenties and accustomed to taking professional wins and losses to heart, was devastated. Her sense of worth took a nosedive. Her day was ruined. So was the day after that.

As she had done so often throughout her life, Amanda called on the lessons she had learned from her mom. When her mom was sad or tired or overwhelmed, she always found a way to get back up and moving, and that is what Amanda decided to do, too. Her customers didn't want emotion, she realized. They simply wanted to know how her product could help them reach their goals. She knew she needed to learn to deal with professional setbacks without allowing her spirit to be crushed. Amanda enrolled in a course in sales training, which taught her (among other skills) to separate emotion from business. She also learned that external validation would never leave her with a full cup; if she was going to succeed in business, and in life, she was going to have to find her sense of worth from a place that did not depend on the whims of her clients or anything else that did not come directly from her.

That was an awareness Amanda was glad to have developed when her world, along with everyone else's, was upended by the Covid pandemic. As CEO of an international company, she had to learn to lead her team and her business remotely. As the wife of a first responder, she had to manage the onslaught of stressors and emotions brought on by her husband's job. As a mom, she had to navigate online schooling and the impossible high-wire act of meeting the needs of a toddler while attempting to focus on back-to-back Zoom calls. None of it went perfectly all of the time, but it did get done, and that was what mattered.

Life in the Covid era made it clear to Amanda that there isn't all that much she can control - tech glitches, supply chain shortages, toddler meltdowns - all of those things are going to happen. What Amanda can control is making sure she responds in a way that is in line with the person she wants to be: A person whose worth comes from a place that cannot be touched by outside forces, for it comes from within.

***It is never too late to know your worth.***

*[Click here to read more about our previous Lotus Ladies.](#)*

**To nominate a Lotus Lady, email at:  
[connectnow@lotusnetwork.org](mailto:connectnow@lotusnetwork.org)**





LOTUS NETWORK®

## *Our Mission*

Lotus Network  
provides opportunities  
for women to create  
meaningful connections,  
personal growth,  
and purposeful living  
through social and  
educational resources.



**If you are interested  
in becoming a sponsor  
and supporting  
Lotus Network, please contact  
Leslie Heins  
at (303) 912-2230  
or email her at:  
[connectnow@lotusnetwork.org](mailto:connectnow@lotusnetwork.org)**

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