

# Lotus Network 2022 Annual Impact Report



***A LOOK BACK ON A YEAR OF GROWTH,  
CONNECTION, AND ACCOMPLISHMENT!***

***We have so much to be proud of!*** *With intentionality, Lotus Network embraced an “abundance mindset.” In a deliberate fashion and with unshakeable determination, a slate of thought-provoking and enlightening gatherings was offered. Not even the pandemic, with all its upheaval, could detour our sense of urgency when it came to providing educational opportunities for meaningful connections and personal growth.*

*This **Annual Impact Report** recaps the programming productivity and connection accomplishments achieved in 2022 and provides a view of what’s to come in 2023.*

*Lotus Network’s mission speaks to the important and often unfulfilled needs and wants that are deep within us. What’s surfacing for so many is a need for intentionality: to live with purpose, to grow into our potential, and to experience the profound joy of meaningful relationships and connections. There is consensus among medical professionals that being socially connected has a very positive impact on our mental health and even helps the performance of our cardiovascular, endocrine, and immune systems. We like to think of positive connections as a true “superpower”!*



**A MESSAGE FROM OUR FOUNDERS...**

*Our organization set a goal of continuing to offer substantive programs that inspire and resonate. Our **Timely Topic** monthly virtual sessions accomplished that and much more. These programs have featured a variety of experts who shared their subject matter. They provided valuable insights, tools, and techniques that inspire personal growth and vitally, help us traverse the ups and downs of life. If you missed any of these events or want to view them again, all Timely Topics are recorded and available 24/7 on the Lotus Network website.*

*In alignment with our core values, we have made a conscious and intentional decision to connect the Friends of Lotus Network with one another. Through our **Stepping Out Program**, we have created opportunities to have fun and explore the beautiful Mile High City while developing deep and meaningful connections by participating in socially focused walking. **The Lotus Seed**, a monthly newsletter, is an engaging piece of communication offering entertaining content and showcasing the happenings of the Lotus Network. The **Lotus Ladies** column is the centerpiece of The Lotus Seed and is written by Jessica Redmond. Jessica is a professional storyteller who has the privilege of shining a light on extraordinary women who have volunteered to open up and share their stories in a vulnerable and honest way.*



**A MESSAGE FROM OUR FOUNDERS...**

Your enthusiastic support validates Lotus Network's mission and vision. We thank you for helping us continue to connect and strengthen relationships, lift spirits, and provide women with unique and inspiring opportunities for personal growth.

We are so excited for the future and look forward to the awesome list of thought-provoking and enlightening events your Board has planned for 2023. It is in this spirit that we ask you to *spread the word* and invite prospective new friends to join us on our journey toward more purposeful living.

Wishing you and yours a very healthy and prosperous new year!

Lisa & Joie

***A MESSAGE FROM OUR FOUNDERS***



It's Never Too Late To Rediscover Your Potential<sup>®</sup>  
and make the next chapter of your life the best!

Lotus Network<sup>®</sup>  
is a women's nonprofit organization  
established in Colorado  
August 2018

Thanks go out to our **All-Volunteer Board** for their generosity!  
Their continued support, countless hours,  
amazing creativity, professionalism, and extraordinary  
talent have truly been key to our success.

***IT'S NEVER TOO LATE!***





BARBARA COLE,  
TREASURER



JANIS PLUSS,  
SECRETARY



DAYLE SHAMES



MITZI KURTZ



TERRY RUBIN



KARA VALENTINE



MARGOT GILBERT  
FRANK



GWEN CRAWFORD



VICKI DANSKY



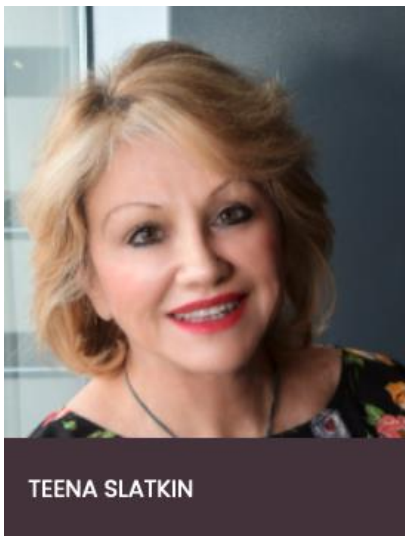
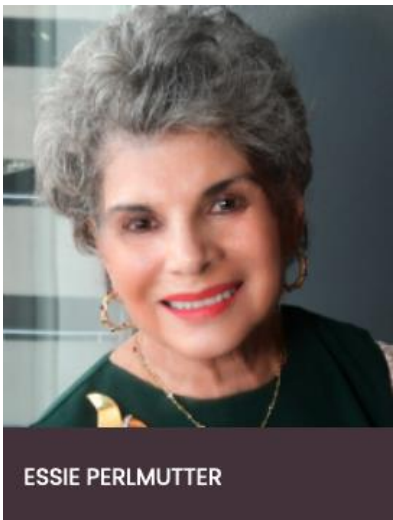
KATHY BOYLE



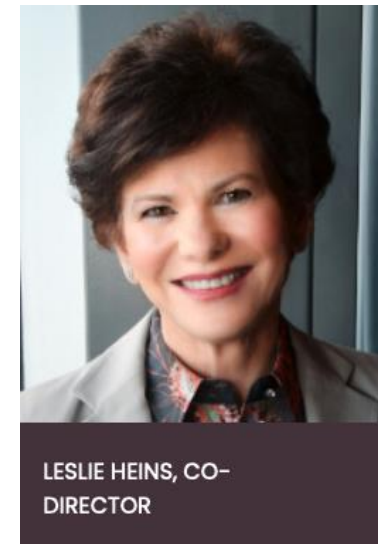
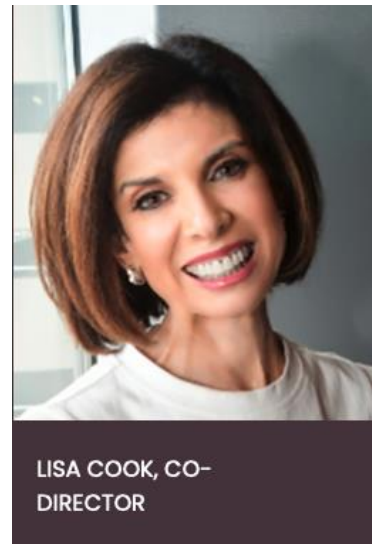
***LOTUS NETWORK 2022 BOARD OF DIRECTORS***



**LOTUS NETWORK  
ADVISORY COUNCIL**



**FOUNDERS**



***FOUNDERS AND 2022 ADVISORY COUNCIL***

- ➡ 1178 participants in 44 programs offered in 2022
- ➡ Over 1,800 attendees at our 2021 Signature Experience with Maria Shriver — a 50% increase since our inaugural event
- ➡ 2239 people in our database, 2064 contacts in our mailing list — a 150% increase since our inception in 2018
- ➡ 5 new programs and special events to expand our avenues of connection: Elizabeth Gilbert at the Paramount, Connector Series with Rose Women's Hospital, Let's Talk About It virtual discussions, Stepping Out guided tours, Conversation Salons
- ➡ 100% Volunteer board members and over 3600 volunteer hours in 2022 (value of over \$106,000)
- ➡ 70% of budget went to producing programming to enhance personal growth and connections
- ➡ 190,828 Lotus Network website impressions for the calendar year 2022
- ➡ 219,389 people were reached by our content on Facebook and Instagram in 2022
- ➡ 37 states represented in our constituents, 4 countries outside the US
- ➡ 100% Board of Director annual financial contribution

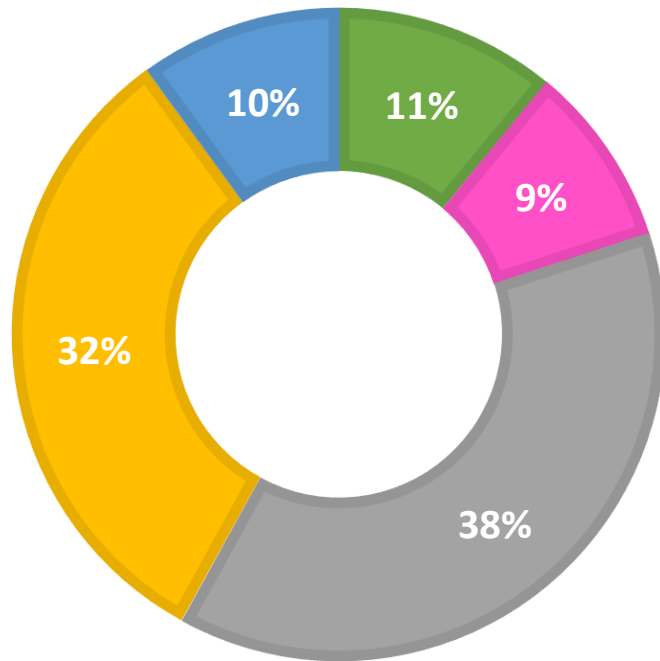


## ***2022 MILESTONES***



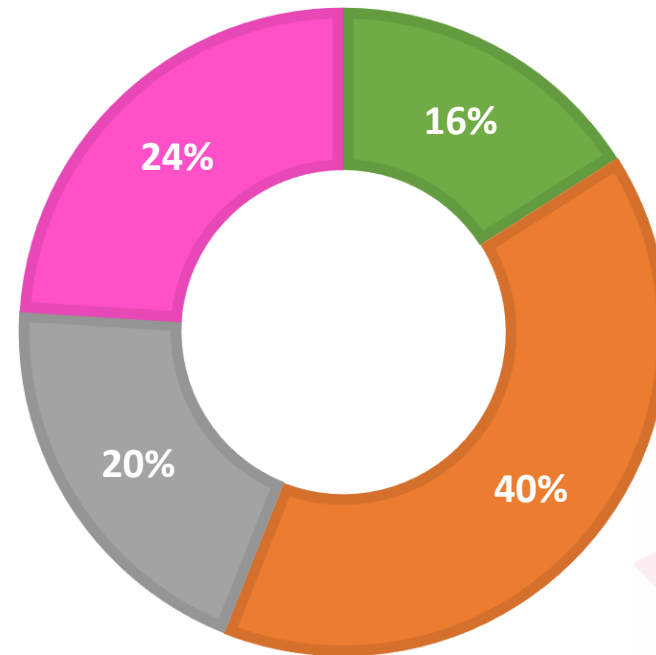
## SOURCES OF REVENUE

- Friends of Lotus Donor Program
- Individual Sponsors
- Golf Tournament
- In-kind
- Programming



## EXPENSES

- Programming
- Golf Tournament
- Administrative
- Website & Marketing



***BUDGET CONTROL***

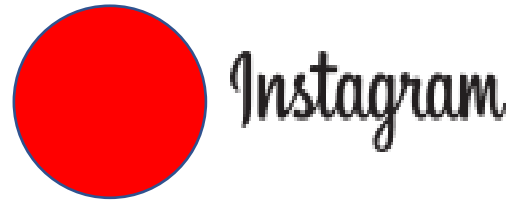


# THANK YOU TO OUR 2022 SPONSORS

ROSE WOMEN'S HOSPITAL	CHOTIN FOUNDATION	LISA AND SHELL D. COOK	BROWN AND COMPANY INC	JULIE AND BRENT MORSE	LEXUS	VICKI AND KEN PEPPER
ESSIE PERLMUTTER	ELAINE ASARCH	JOCEY KRAUS	NANCY DEIFIK	SHERYL AND JON GOODMAN	LESLIE AND ANDY HEINS	RICK AND MINDY MILLER
JORDON PERLMUTTER & CO.	NANCY DALE DESIGNS (NANCY ALTERMAN)	LESLIE MELZER	LORI AND LOU SIGMAN	LESLIE LEVY	JOHN AND MARTHA GART	STEPHEN AND MITZI KURTZ
SAM ZAITZ	JLL (JONES LANG LESALLE)	SIGNED AND SEALED BY STEPH (STEPHANIE ZAITZ)	EVOKE MEDICAL CARE (DANIEL STURMAN)	ELYSE SHOFNER, MICHELLE FRIEDMAN, SANDY PERRY, DIANNE DAWSON	FIRSTBANK	TOBY AND STEVE CHOD
JILL AND DANNY FOX	FINS CONCEPTS	CINDY FARBER	ANONYMOUS	DR WILLIAM SILVERS	CARLA BARTELL	TERRY RUBIN

***OUR PARTNERS MAKE IT HAPPEN!***

# Social > 200,000 Followers



*"Thank you for your amazing, dedicated, and thoughtful work creating our new Network. Who knew it would be needed so much more than we imagined!"*



**MAKING AN IMPRESSION**

# AN EVENING WITH ELIZABETH GILBERT

**It's Never Too Late to Get Inspired!**

*Sponsored by Jocey Kraus  
and Nancy Deifik*



**CONNECTING IN PERSON IN 2022**

# 2022 CONNECTOR EVENT

featuring

***Marylin Sherman***

It's Never Too Late to  
Be Bold, Brave, and Brilliant

Choose to sit in the front row of your life!

*Sponsored by Vicki and Ken Pepper,  
Essie Perlmutter, and Elaine Asarch*



**CONNECTING IN PERSON IN 2022**





# STEPPING OUT!

Lotus Network organized a series of walks over the spring, summer, and fall to enjoy nature, have some fun, explore our beautiful Mile High City, and develop meaningful connections!



***CONNECTING IN PERSON 2022***



*First Annual*

# GOLF TOURNAMENT



Lotus Network's Inaugural Golf  
Tournament at the beautiful  
Bear Dance Golf Club was a  
rousing success!

**CONNECTING IN PERSON 2022**

## *Sponsored by:*

*Rose Women's Hospital  
Chotin Foundation  
Lisa and Shell D. Cook  
Brown and Company Inc  
Julie and Brent Morse  
Lexus  
Sheryl and Jon Goodman  
Rick and Mindy Miller  
Jordan Perlmutter & Co.  
Leslie Melzer  
Lori and Lou Sigman  
Leslie Levy  
Cindy Farber  
Leslie and Andy Heins*

*John and Martha Gart  
Stephen and Mitzi Kurtz  
Sam Zaitz  
JLL (Jones Lang LeSalle)  
Signed and Sealed by Steph (Stephanie  
Zaitz)  
Evoke Medical Care (Daniel Sturman)  
Elyse Shofner, Michelle Friedman,  
Sandy Perry, Dianne Dawson  
FirstBank  
Toby and Steve Chod  
Jill and Danny Fox  
Fins Concepts  
Nancy Dale Designs (Nancy Alterman)*





# CONNECTOR

series

IN PARTNERSHIP WITH



**Rose**  
Women's Hospital  
at Rose Medical Center

## Women's Health Connector Series Part 1: Breast Health

in collaboration with



**CONNECTING IN PERSON 2022**





## LET'S TALK ABOUT IT

Virtual conversations led by Janis  
Pluss and Ellen Keckler



## CONVERSATION SALONS

In-person conversations in a safe space led  
by Gwen Crawford



***FOSTERING CONNECTIONS AND CONVERSATIONS***

# 2022 LOTUS LADIES



Linda Pilcher



Judith  
Alexander



Verónica Figoli

Our ladies understand that  
you can't rewrite the past,  
but you can influence the  
next chapter.



Lynn Dolven



Theresa Peña

***THE POWER OF OWNING YOUR STORY...***







Elsa Holguin



Sarah Metsch

*Sponsored by Terry Rubin*



Elizabeth Suarez



Susan Brody



Dafna Michaelson  
Jenet



Irma Velazquez



Rita  
Bellino

***THE POWER OF OWNING YOUR STORY***



*Keeping you in the loop...*



# THE LOTUS SEED

*It's Never Too Late to Grow*

LOTUS LADIES  
PERSONAL PROFILE

Take the Lotus Network  
Connection Challenge!



*to join our crew!*

VOL \_ NTEER  
all that is missing is U!



**OUR MONTHLY NEWSLETTER**





# 2022 Timely Topics

JANUARY – Sara Gutterman



It's Never Too Late to Go Green

FEBRUARY – Leslie Herod



It's Never Too Late to Be a Force for  
Change

***JANUARY AND FEBRUARY TIMELY TOPICS***



# 2022 Timely Topics

MARCH – Jane Baldwin



It's Never Too Late to Press Pause

APRIL - Dr. Edith Eger

*Sponsored by Dr. William Silvers*



It's Never Too Late to Embrace the Possible

**MARCH AND APRIL TIMELY TOPICS**



# 2022 Timely Topics

MAY – Lisa D Foster

*Sponsored by Carla Bartell*



It's Never Too Late to Save the  
World One Action at a Time

AUGUST – Alex Lewis



It's Never Too Late to Be Your  
Own Advocate

**MAY AND AUGUST TIMELY TOPICS**



# 2022 Timely Topics

SEPTEMBER – Saira Rao &  
Regina Jackson



It's Never Too Late to Dismantle  
Your Own White Supremacy

NOVEMBER – Steph Wagner



It's Never Too Late to Own  
Your Financial Future

DECEMBER – Sky Bergman  
*Sponsored by Anonymous*



It's Never Too Late to Lead  
a Life Well Lived

**SEPTEMBER, NOVEMBER, AND DECEMBER TIMELY TOPICS**



# *FUTURE FORWARD – IT'S NEVER TOO LATE TO...*

## **JANUARY 2023**

...Expand Your Vision  
**Dr. Lynn Hellerstein**

## **FEBRUARY 2023**

...Talk About Women's Heart Health  
**Rose Connector Event, Part 2**

## **MARCH 2023**

...Cultivate Conversations  
**Debra Fine**

## **APRIL 2023**

...Start Saying No  
**Sally Stich**

## **MAY 2023**

...Shed a Light on Death  
**Jamie Sarche**

## **JUNE 2023**

...Talk About Women's Mental Health  
**Rose Connector Event, Part 3**

## **AUGUST 2023**

...Have an Amazing Relationship  
**Ruth Sharon**

## **SEPTEMBER 2023**

...Talk About Healthy Aging  
**Rose Connector Event, Part 4**

## **NOVEMBER 2023**

...Change How You Think About Food  
**Regina Topelson**

***2023 SPEAKER LINE-UP!***





## *Friends of Lotus Network Donor Program*

The Friends of Lotus Network are a philanthropic group of difference makers. Our donor program helps make possible the programs, website content, and educational resources that provide women personal growth, meaningful connections, and empowered purposefulness.

Private support through Lotus Network's Circles of Friendship plays a pivotal role in every Lotus Network experience. It is essential to this organization and its mission. Donors can choose to provide unrestricted support through a variety of friendship circles which offer benefits, privileges, and recognition.

Lotus Network's Circles of Friendship help provide all women, regardless of age, stage of life, geography, or identity, an opportunity to feel meaningfully connected to a community and are empowered to find their unique purpose. Lotus Network's programs enrich lives across the country and around the world.



***GRATEFUL TO OUR CIRCLE OF FRIENDS***



## 2022 FRIENDS OF LOTUS

*Anonymous*

*Sue Adams*

*Kay Allison*

*Cindy Altberger*

*Nhi Aronheim*

*Jane Baldwin*

*Marlin Barad*

*Ashley Barkhorn*

*Carla Bartell*

*Rita Bellino*

*Kathy Berenstein*

*Sharon Birnbaum*

*Kathy Boyle*

*Barbara Breslin*

*Laura Christman*

*Elyse Craig*

*Vicki Dansky*

*Wendy Davis*

*Carolyn Elliott*

*Ellen Finer*

*Barbara Finke*

*Jane Fruchtman*

*Phyllis Garfield*

*Margot Gilbert-*

*Frank*

*Sue Glick*

*Ellen Goldstein*

*Jane Gwin*

*Teresa Immel*

*Carole Jacobs*

*Peggy Kamins*

*Florrie Katchen*

*Nancy Kaufman*

*Wendy Kelly*

*Mona Kornfeld*

*Jane Kranich*

*Mitzi Kurtz*

*Amy Larson*

*Nira Lipner*

*Beth Lippa*

*Jani Majewsk*

*Peggy Marks*

*Elaine McCain*

*Ali Mercural*

*Jennifer Miles*

*Ivy Miller*

*Susan Penn*

*Camryn Portagallo*

*Beth Radetsky*

*Denice Reich*

*Dottie Resnick*

*Elisa Robyn*

*Jane E Rosenbaum*

*Marci Rosenberg*

*Terry Rubin*

*Jerry Rubin*

*Carol Ryan*

*Jamie Sarche*

*Dayle Shames*

*Megan Shoflick*

*Allyson Shuldberg*

*Leslie Sidell*

*Teena Slatkin*

*Holly Sollod*

*Kacie Sturman*

*Lee Weisbard*

*Barbara Williams*

*Laurie Van Grack*



**WITH GRATITUDE!**

## 2022 CONTRIBUTORS

*A Line Boutique*

*Denise Adams*

*Harvey Allon*

*Nancy Alterman*

*Amborella Organics*

*Darrell Anderson*

*Andrisen Morton*

*Anonymous*

*Nhi Aronheim*

*Susan Atwell*

*Bagel Deli*

*Ashley Barkhorn*

*Carla Bartell*

*Bear Dance Golf Club*

*Jeremy Behm-Meyer*

*Kathy Berenstein*

*Janessa Biller*

*Blue Bonnet Restaurant*

*McKenna Botts*

*Camelback Golf Club*

*Kenneth Chaffee*

*Toby Chod*

*Lisa Cook*

*Vicki Dansky*

*Dianne Dawson*

*DiAhndra Diamond*

*Justin Ensign*

*Lisa Feld*

*Brian Fleischmann*

*Cathy Fleischmann*

*Danny Fox*

*Michelle Friedman*

*Lori Frisher*

*Toby Giordano*

*Jon Goodman*

*Sheryl Goodman*

*Stephanie Hagan*

*Leslie Heins*

*Mark Heins*

*Paul Hocevar*

*Homer Reed Ltd*

*Diane Jarbawi*

*Phyllis Johnson*

*Dan Kamlet*

*Rana Kark*

*Nancy Kaufman*

*Elena King*

*Joanne Kleinstein*

*Jessica Kosmicki*

*Mitzi Kurtz*

*Stephen Kurtz*

*Bill Lamphere*

*Drew Lankford*

*Lawrence Covell*

*Le Bilboquet*

*Connie Levine*

*Leslie Levy*

*David Lysaught*

*Erin Marsico*

*Erin McClain*

*Dan McGowan*

*Susan McKinney*

*Sandra Miller*

*Julie Morse*

*Ocean Prime*

*Devra Ochs*

*Sheri Ogilvie*

*Nancy Panasci*

*Vicki and Ken Pepper*

*Essie Perlmutter*

*Jay Perlmutter*

*Sandy Perry*

*Linny Pretekin*

*Tracy Price Johnson*

*Denice Reich*

*Dottie Resnick*

*Erin Robbins*

*Jane E Rosenbaum*

*Terry Rubin*

*Ruben Rueda*

*Carol Sands*

*Doug Sanford*

*Shanahan's Steakhouse*

*Megan Shoflick*

*Elyse Shofner*

*Lou Sigman*

*Lori Sigman*

*Teena and Buddy Slatkin*

*Cassi Sosa*

*Gregg Stone*

*Kacie Sturman*

*Sharon Sturman*

*Daniel Sturman*

*Ashley Thompson*

*Viale Pizza & Kitchen*

*Sunee Watts*

*Jeremy Williams*

*Michael Wolfe*

*Mindy Wolpa*

*Phil Yeddis*

*Stephanie Zaitz*



**WITH GRATITUDE!**

No doubt about it, 2023 holds exciting possibilities and wonderful opportunities for our Lotus Network community to purposefully engage and connect!



***HERE'S TO 2023!***